



**up
with
arts**

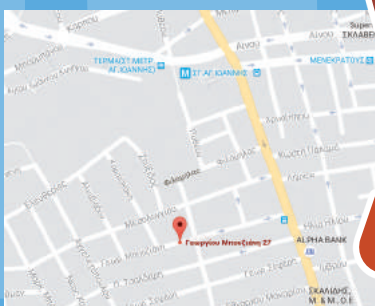
**1st EUROPEAN
ART FESTIVAL
FOR MENTAL HEALTH**

**ART EXHIBITIONS
EUROPEAN
PHOTOGRAPHY CONTEST
CINEMA SECTION
MUSIC EVENTS
PERFORMANCES
LITERATURE SECTION
FORUM**

**nefele festival
1-16.10.2016
Athens, Greece**



nefeleproject.eu



The Festival's events will be held on the premises of
The **Athens School of Fine Arts**, 256 Piraeus Str, Agios Ioannis Rentis and
The **Bouziani Museum**, 27-31 G. Bouziani Street, Dafni (Metro Station Ag. Ioannis).

OPENING HOURS / CONTACT:

Athens School of Fine Arts premises: 12.00 – 22.00 / Tel: (+30) 6948257663

Bouziani Museum: 2.00 – 22.00 / Tel: (+30) 2109028455

FREE ENTRANCE IN ALL EVENTS

Register your participation for limited attendees' events at www.eventbrite.com (search > nefele)

Note: Where applicable priority will be given to those who have made online bookings and will be present at the premises at least 15 minutes prior to the start of the events. The remaining seats will be given to anyone present.

In case of online booking difficulties, please call: (+30) 2109028455

nefeleproject.eu

WELCOME TO KSDEO “EDRA”

We welcome you to the hospitable premises of the Athens School of Fine Arts on Piraeus Street and to the Bouziani Museum in the Municipality of Daphni - Ymittos which readily embraced the **1st European Art Festival for Mental Health** for the **nefele project**.



A festival with three outreaches:

The first **focuses on mental health**– mental patients, mental health professionals and patient environment–aiming at including Arts as a means of therapy.

The second focuses **on artists** –showcasing mental health as a field of creative upgrowth.

The third and last one focuses **on society**– declaring that the stigma on mental patients is an unacceptable social and moral convention, not respecting basic human rights and favoring the spreading of distorted preconceptions regarding mental illness.

This is the main motive behind the NEFELE initiative: the creation of a festival, **a massive common ground**, a massive public event, which will prove that society **is able to speak freely and publicly for this problem without fear**.

The presentation of the artistic events below shows the multiple ways of using Art for purposes of the project. This approach is combined with two more elements that distinctively differentiate the NEFELE initiative from various similar acts.

The first element is the **European dimension** of the project, with the organization of the 1st European Art Festival for Mental Health.

The second is the **institutional approach** of the project at both the European and the national level. So, after the festival in October we will have the pleasure of meeting once again: in January 2017 the founding convention of the European Network of Art Festivals for Mental Health will take place.

We sincerely thank the artists, who responded to the invitation, to our European associates, to all actively participating Greek organizations, to the Athens School of Fine Arts and the Municipality of Daphni - Ymittos for their active support, to the President of the European Parliament that placed this project under its auspices, as well as the Greek Ministries of Health, Culture, Education and Development/Tourism for their moral support by placing the organization under their auspices.

Above all else, though, we are honored by the interest shown by mental patients and the warm support of the volunteers and mental health professionals. Without them it would be impossible to meet on this magnificent NEFELE Festival journey...

Up with Arts

Maria Kerasoglou
President of
the Board Directors

**up
with
arts**

NETWORKING EUROPEAN FESTIVALS FOR MENTAL LIFE ENHANCEMENT

nefeale project

nefeale project - NETworking European Festivals for mEntal Life Enhancement aims to strengthen all kinds of artistic creation connected with the field of mental health in order to:

- fight Stigma to benefit people suffering from mental disorders as well as the society as a whole
- broaden the cultural activities for the benefit of artists
- enrich therapeutic procedures

The objectives of the project are:

- the organization of the 1st European pilot Art Festival focused on Mental Health in Athens, Greece - October 2016
- the establishment of a European Network of Art Festivals for Mental Health, which will - be held at the Founding Conference in January 2017 in Athens, Greece
- the development of tools which will support the use of Arts in the field of Mental Health

The core concept of the nefeale project is:

- to promote the establishment of Festivals connecting Arts with Mental health in countries where there is no such activity and to enhance festivals that already running
- to encourage the participation of artists and create a new professional opportunities
- to promote the participation of the authorities which are relevant to the field and to rise up the interest of community
- to assist every effort at a national level that shares common objectives.

Co-funded by
the European Programme
"Creative Europe"





THE PARTNERSHIP - COORDINATOR & PARTNERS

The project is implemented by a partnership of organizations that come from five EU member countries- **Greece, Ireland, Italy, Spain, Lithuania** - creating a support arc starting from the north-west of Europe, embracing the European south and reaches the south east end of the European Union

The coordinator of the project is the Greek organization 'Social Cooperative Activities for Vulnerable Groups (**K.S.D.E.O.**) "EDRA", utilizing its rich experience in the field of Art and Mental Health through the **Art4more Festival** (art4more.org), that has been organizing in Greece on an annual basis since 2007.

K.S.D.E.O. "EDRA" is a non-profit organization active in the Mental Health and Mental Retardation since 2001. It is supervised by the Greek Ministry of Health under the National Action Plan for the reform of psychiatric services and implements a comprehensive range of services, providing accommodation in boarding houses, legal advice, reliable scientific information and other services addressing to people with mental health problems as well as families and children with learning disabilities. Following a holistic approach the organization has introduced the elements of culture, education and sports to its provided services. The organization operates a total of 29 structures, organizes the "Panat-tica Sport Event for the Disabled" in Athens, Greece also on an annual basis and participates in a vast number of activities with a European dimension..

The partners **First Fortnight / Ireland, Fundacion Intrass / Spain, Euronet / Italy and ASOK / Lithuania** are participating in the 1st European Art Festival for Mental Health in Athens and contribute in a decisive way to the collective effort by implementing respective activities/festivals in a national level:

Ireland: <http://www.firstfortnight.ie/nefele-project/>

Spain: <http://premio-fotografia.intrass.es/wp-content/uploads/2016/04/Call.pdf>

Italy: <http://eng.synergy-net.info/default.cfm?obj=1613>

Lithuania: <https://www.facebook.com/Olimpikas/>



SOCIAL COOPERATIVE ACTIVITIES
FOR VULNERABLE GROUPS

K.S.D.E.O. "EDRA", Greece
www.edra-coop.gr



FIRST FORTNIGHT

First Fortnight, Ireland
<http://firstfortnight.ie>



Fundacion Intrass, Spain
www.intrass.es



Euro-Net Basilicata, Italy
www.europaintornoame.eu



Aukstelke A.S.O.K., Lithuania
<http://aukstelkesgn.lt>

supporters



The **Athens School of Fine Arts (A.S.F.A.)** is the major Greek school for the visual arts with a history of 179 years and an important presence in the wider national and international cultural context. It's not only the artistic and educational contribution of the school though, that distinguishes its long operation, it's also its social character that is always present.

Within this framework, a multifarious formal cooperation has been established between the Athens School of Fine Arts and K.S.D.E.O. "EDRA" under the form of a Cooperation Memorandum that has given the opportunity of utilizing the large School premises for the Festival.

This is though only one aspect of the cooperation: at the same time, from the Career Office of the School, students have been mobilized to implement one of the most important visual art units of the festival – ARTIST RESIDENCIES in Mental Health Institutions– since the visual artworks are products of direct artistic cooperation with mental health patients and most of them were created inside mental health institutions.

The **nefele festival** - after all- is just the beginning!.



ΔΗΜΟΣ
ΔΑΦΝΗΣ –ΥΜΗΤΤΟΥ

The **Municipality of Daphni - Ymittos** is characterized by its active interest in the field of culture and its multifaceted support to relevant actions. By honoring the relationship of the great Greek painter G. Bouzianis with the area in a special way, it has created a multidynamic cultural space in his residence. Moreover the **nefele festival** thematic context that connects Art and Mental Health offers the

***"Our Municipality is always open to collaborations
and events that transcend the borders of our country.."***

MICHAEL I. STAVRIANOUDAKIS
Mayor of Daphni – Ymittos

opportunity to the Municipality to express its given sensitivity regarding social issues, as it's emphasized steadily during the recent period. Within the context of

a broader cooperation between the Municipality and K.S.D.E.O. "EDRA", the Bouziani Museum is the second pole of the **nefele festival**, hosting several events.

An important parameter of this presence is the maximum possible activation and participation of the local community that is reinforced by the creation of events in public places.



A t e n a s



Goethe Institute and Thervantes Institute

The two most important educational institutions of Germany and Spain respectively have expressed their concrete support by enriching the content of the Cinema Division of the **nefele festival**.

Goethe Institut Athen [www.goethe.de/ins/gr/el/sta/ath.html]

Instituto Cervantes [<http://atenas.cervantes.es/gr/default.shtm>]

The nefele festival met considerable moral support at European and national level and owes special thanks to the President of the European Parliament since it has been placed under its auspices, as well as under of the auspices of the Greek Ministries of Health, Culture & Sports, Education, Research and Religious Affairs, Development and Tourism.

.....
I am very pleased to see that your organisation is continuing its praiseworthy work to assist mentally impaired people by offering training courses and therapy, organising sports and social events and fighting in every possible way to remove the stigma of mental illness and prevent sufferers from being excluded.
.....

Your project, which involves artists and institutions operating in the fields of mental health and arts from across the European Union, and which aims to promote, in addition to the aesthetic dimension of art, its added value in terms of therapeutics and social integration, especially for patients with mental illnesses, is therefore much appreciated by the European Parliament.



Martin Schulz
President



Volunteers

Like any similar initiative, the result will never be the same without the voluntary contribution of people working either in the field of artistic creation, either in the mental health field. Their concrete interest is the substantial recognition of the value of our efforts and we offer heartfelt thanks to everyone who has actively and selflessly contributed to the success of **nefele festival**.

Financial Support

The project was only partly co-financed by the European Commission. It has received no other financial support. For this reason even the smallest financial support is very important.

Use the relevant platform www.eventbrite.com (entry NEFELE) that enables you to contribute financially.

Purchase the set of the festival's souvenirs.

Art Exhibitions



Solo Exhibition of Chronis Botsoglou

1-16 OCTOBER, 12.00-22.00

BOUZIANI MUSEUM

OPENING: 01.10.2016, 18.00

Chronis Botsoglou, one of the most important Greek painters of our era, participates in this festival with an individual art exhibition. The exhibition constitutes an honorary response to the invitation of the nefele festival to present selected portraits of acclaimed visual artists that provide stimuli for the multilayered relation of art and human soul. In this exhibition, a series of portraits of Van Gogh, Chalepas, Bouzianis and Bacon is presented, personalities that influenced deeply his thought as a painter. These are "introduction" portraits, as he calls them, as in this manner he pursues a kind of conversation on spirituality and aesthetics with these artistic icons, seeking each time to detect and reveal a different aspect of the path they followed in art and life.

Curator: Maritina Kontaratou



Πάνω: «Ο Φράνσις Μπέικον ζωγραφίζει. Η χειρονομία.»

Δίπλα: «Ο Γιώργος Μπουζιάνης ζωγραφίζει τη Ρία»

autism

Visual Activism for Mental Health

2-16 OCTOBER, 12.00-22.00

A.S.F.A. EXHIBITION HALL

OPENING: 02.10.2016, 20.00

Visual culture is a way to create forms of change. Social design, photography, illustration, video art, zines, street art, are powerful weapons of contemporary activism and the artists constantly develop this language. In this exhibition, thirty designers, illustrators, street artists and photographers develop a social discourse through visual representations of mental health. The images due to their striking visual impact present a memorable reflection of the social concerns about mental health and art in our era.

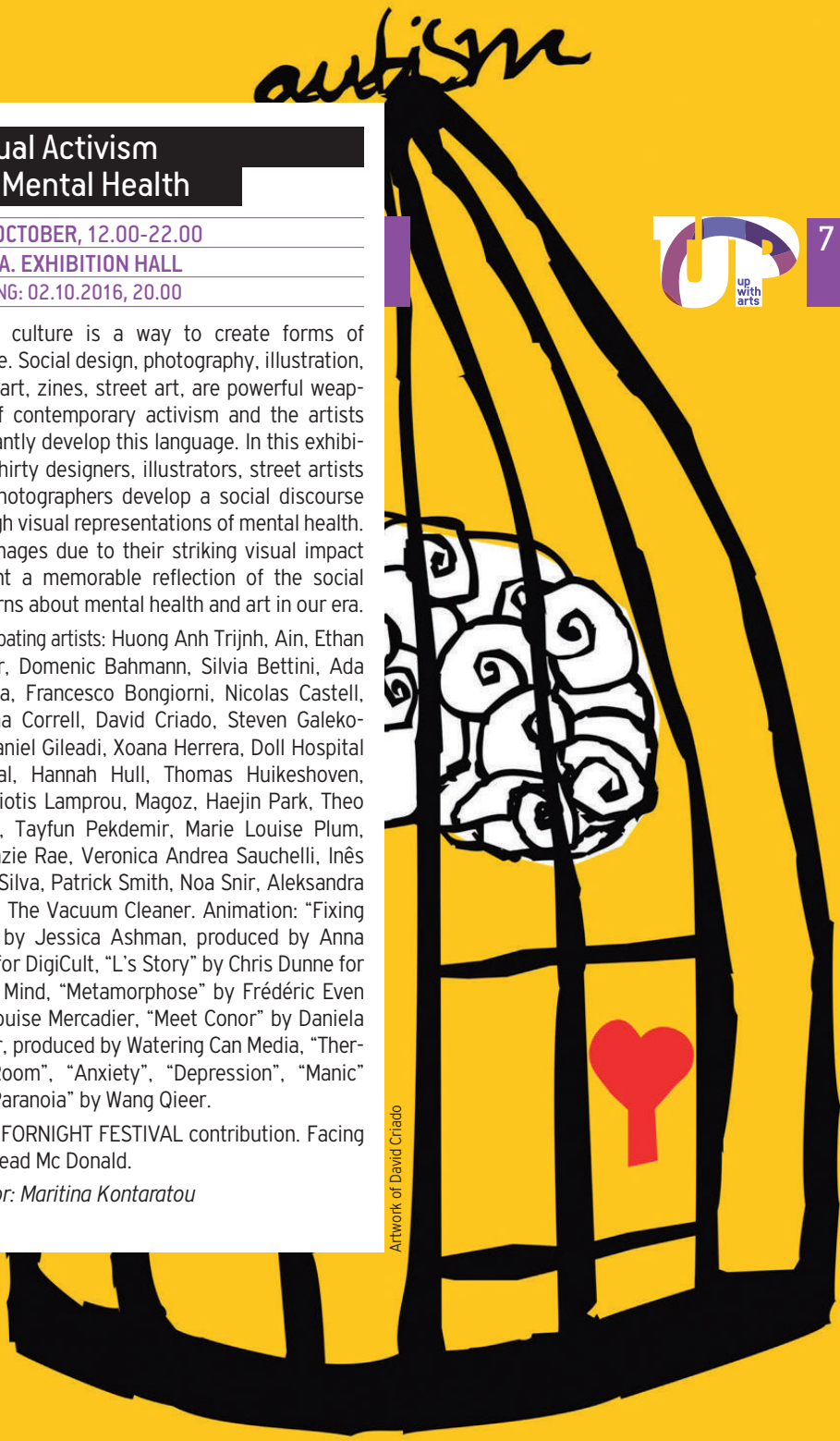
Participating artists: Huong Anh Trijnh, Ain, Ethan Barber, Domenic Bahmann, Silvia Bettini, Ada Birecka, Francesco Bongiorno, Nicolas Castell, Gemma Correll, David Criado, Steven Galekovic, Daniel Gileadi, Xoana Herrera, Doll Hospital Journal, Hannah Hull, Thomas Huikeshoven, Panayiotis Lamprou, Magoz, Haejin Park, Theo Payne, Tayfun Pekdemir, Marie Louise Plum, Makenzie Rae, Veronica Andrea Sauchelli, Inês Mena Silva, Patrick Smith, Noa Snir, Aleksandra Stone, The Vacuum Cleaner. Animation: "Fixing Luka" by Jessica Ashman, produced by Anna Odell for DigiCult, "L's Story" by Chris Dunne for Art in Mind, "Metamorphose" by Frédéric Even and Louise Mercadier, "Meet Conor" by Daniela Sherer, produced by Watering Can Media, "Therapy Room", "Anxiety", "Depression", "Manic" and "Paranoia" by Wang Qieer.

FIRST FORNIGHT FESTIVAL contribution. Facing by Sinead Mc Donald.

Curator: *Maritina Kontaritou*



Artwork of David Criado



Artist Residencies in Mental Health Units

in cooperation with the Career Office of the A.S.F.A.

2-16 OCTOBER, 12.00-22.00

A.S.F.A. EXHIBITION HALL

OPENING: 02.10.2016, 20.00

Art Brut and the art of people who have experienced mental health challenges, was always an object of observation by the art professionals, theorists and artists. In this project, twelve students by the Athens School of Fine Arts visit eight mental health units and conduct short-term creative workshops with the members. The exhibition presents the collaborative creation of artworks by artists and mental health service users.

Participating artists:

Antzoulidis Antonis, Dimitriou Vasiliki, Diakaki Alkistis, Kolympiri Maria - Emilia, Loukidi Christina, Markostamou Irini Fotini, Pare-Anastasiadou Chloe, Petridou Heleni, Protopsalti Thalia, Stamatakis Giorgos, Chatzigeorgiou Lilia, Christodoulou Christoforos.

Participating Organisations:

SID "NEFELI" of K.S.D.E.O. "EDRA": Panagiotis, Giorgos, Charis, Konstantinos. Units of Psychosocial Rehabilitation Ippocrates I and Ippocrates II of K.S.D.E.O. "EDRA": Patsioura Fanouria, Kargioti Ioanna, Kourti Lina, Pouliasis Yannis, Passas Giorgos, Floros Yannis, Gamparos Dimitris, Kostarelou Yannis, Papadimitriou Costas, Manta Penelope, Sakelariou Ioanna, Melakis Stathis, Poula Paraskevi. Centre of Education in the Independent Living "Sun" K.S.D.E.O. "EDRA": Konstantinos F., Dinos A., Lefteris A., Lefteris G., Marina N. Company Social Psychiatric and Mental Health (EC.PS.&PS.Y.), Structure of Attica: Skarpathiotis Yannis, Darras Thodoris, Psaradaki Vivi, Fourmaraki Vasso, Sotiropoulos Panagiotis, Politis Louis, Skarloutou Ageliki, Destouni Katerina. Coordinators: Fotinou Ageliki, Mouzakitou Olga, Papagiannopoulos Spyros. Company Social Psychiatric and Mental Health (EC.PS.&PS.Y.), Structure Fokida: Christos Ypsilantis, Alexandros Roulias, Asimakis Doulamis, Panagiotis Paletsos, Nikos Zografos, Alexandros Blachos, Yannis Mantalas. Coordinator: Papaioannou Despina. With work that already has been created they participate: PEPSAE., "Centre of Social Dialogue": Art project Antistress - Greek Landscape. The Team of Painting of Specialised Centre, instructor: Nikos Pavlitinas. Workshop/installation "Life is a creative act" by Sotiris Kontokostas. AMKE DIODOS. Day Care Centre K.I.P.O.S. (team of Theatre, team of Art and team of Photography).

The project was photographed by Foto Deligianni, Ino Klossi, Myrto Fotinou, photographic team ENSTANTANE coordinated by Vangelis Tambakos participates with the project "Our Mirror"(participating artists: Giorgos Mandamadiotis, Vivian Liatou, Evdoxia Koufopoulou, Vangelis Tamvakos).

Organising responsible: Nikos Kanarelis, Visual Artist



Unconscious Playground

1-16 OCTOBER, 12.00-22.00

BOUZIANI MUSEUM

OPENING: 01.10.2016, 18.00

This exhibition is inspired by the convergence of art with psychoanalysis and by the manifestos of artistic movements which meet with Freud and Jung. The landmark of this meeting is automatism, the technique of modernism that unlocks the unconscious, aiming to raw artistic creation. Automatism records around 32 techniques or games that everyone can use to unlock the unconscious. The exhibition aims to display contemporary artwork based on automatism or some of those games. The visitors are invited to create their own artwork "playing". They are invited to perceive the unconscious as a playground and exploration field, not something we should hide or be afraid of.

Participating artists:

Olga Alexopoulou, Manolis Anastasakos, Vanessa Anastasopoulou, Alexis Avlamis, Vasilis Botoulas, NAR (Jacob Volkov), Beetroot Design, Campus Novel, Grigoria Vrittia, Leonidas Ganakopoulos, Dimitris Efeoglou, Canuto Kallan, Dimitris Kaliviotis, Christophoros Katsadiotis, Theofilos Katsipanos, Elias Kafouros, Nina Kotamanidou, Michael Kotsaris, Kalliopi Kouklinou, Taxiarchis Mermiris, Christina Mitrentse, Leon Michail, Ivan Masteropoulos, Christina Nakou, Spiros Nakas, Kyriakos Papageorgiou, Babis Papagiannis, Stavroula Papadaki, Katerina Papazisi, Sophia Papacosta, Eri Skyrgianni, Panagiota Staikou, Akrivi Simeonidi, Myrto Ferentinou, Chrysanthos Christodoulou.

Curator: Maritina Kontaratu



iMADges Photography Exhibition

organized by the institution Foundation INTRAS

1-16 OCTOBER, 12.00-22.00

BOUZIANIS MUSEUM

OPENING: 02.10.2016, 18.00

The International Photography Exhibition iMADges presents twenty-six selected and four winner photos of the International Photography and Madness Competition, organized by the Foundation INTRAS.

This year's event received 500 entries from Spain, Argentina, Chile, Colombia, Ecuador, USA, Italy, Mexico, Mozambique, Norway, Peru, Portugal, the Dominican Republic and Venezuela. Approaches are presented where madness can be seen as a part of logic, paranoia as part of thinking, focusing on the significance of these angles in modern society. Looking at people from all possible angles –every day, silly, happy, dramatic or comic, with light and shadow, joyful and sad moments- every photographer captures with his camera in an attempt to learn more, to be more alert and to change the world- at least for those who want to look away and beyond the camera.

Fernando José Soria Castro, Javier Cabezón Sánchez, Carlos Ramón Bonilla Miranda, Luis Justo Hidalgo Menéndez, Ignacio Carmona Loeches, Roberto Tabarés Díaz, David Martín Huamaní Bedoya, Francisco Mayench Ariza, Jose Beut Duato, Miguel Veiga Tejjido, Pilar García Merino, Iñaki Fernández Arza, Iago Leonardo Fdz-Cabrera, Horacio Culaciatti, Raúl Caverro Garrido, David Mazón Gómez, Ana María Palacios Cano, Patricia Fabra Aparicio, Enric Estarlí Masjuan, Jose Vidal Jordan, Miguel Planells Saurina, César Blay Cuquerella, José Ramón Ayala García, José Ramón Ayala García, Rafa Garrido García, Virginia Sanz García, Ramón Ángel Acevedo Arce, Miguel Antonio Eiriz Saiz, José García Navarro, Óscar Barrera Tévar.

Responsible of exhibition: Maritina Kontaratou



Cinema



The goal of the film section is to cover the wider scope of the multi-level relationship between cinema and mental health. In the background of the modules is the visualization of psychological and social phenomena approached in a psychological, aesthetic and cinematic way. The guests (psychoanalysts, psychologists, psychiatrists, directors, filmmakers, theoreticians of the connection between cinema and psychoanalysis) will enrich the understanding of each film with information about its creation, theoretical analysis and life experiences. Apart from **Reintegration and The Stigma** which constitute an essential pillar of the festival, mental health service providers will also comment on the cinematic representation of **psychopathology** and the ways it is presented in cinema.



Cinema

REINTEGRATION AND THE STIGMA

FILMMAKERS

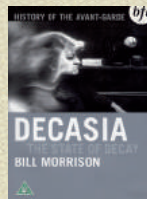
PSYCHOPATHOLOGY

FILM AND THE UNCONSCIOUS

The **filmmakers** will explore the question of how mental processes that sometimes not obvious are presented cinematographically. In the section **Film and the Unconscious**, two types of films are included: Works mentioning or activating unconscious processes. The artistic project "Listen to a film" has the same aim, with C. Katsanos and Ch. Morikis who are responsible for the music of a black and white film. This new dimension of the cinema experience aims at the visual and aural perception of the viewer. In Cinema-Therapy the traditional psychological seminar meets the cinematographic projection and the result is an interactive life experience exercise, illuminated by the magic of cinema. In the life experience workshop, CineQuium we will understand psycho-mental mechanisms activated cinematographically when we watch a film, approaching pleasure through an aesthetic and psychoanalytic perspective and we will experiment with trial identification.

ΟΛΕΣ ΟΙ ΠΡΟΒΟΛΕΣ ΘΑ ΠΡΑΓΜΑΤΟΠΟΙΗΘΟΥΝ ΣΤΗΝ ΑΙΘΟΥΣΑ ΚΙΝΗΜΑΤΟΓΡΑΦΟΥ ΤΗΣ ΑΣΚΤ





The man who bothered the universe

[1998, St. Psillakis]

MONDAY 03.10.2016, 19.30-21.30

REINTEGRATION AND STIGMA

The documentary records the life of a team inside the mental hospital and of another "out of the gates" which is in the process of social integration.

Commentary (21.30-22.00): St. Psillakis,

Director

Cinematherapy Workshop

TUESDAY 04.10.2016, 19.30-21.30

The traditional psychological seminar meets the movie screening and the outcome is an interactive experiential exercise, lit by the cinema magic.

Prosecution: M. Kostala, E. Panteleon,

Psychologists

The wound (La herida)

[2013, Fr. Franco]

WEDNESDAY 05.10.2016, 19.30-21.30

PSYCHOPATHOLOGY

Anna's problematic social relationships gradually lead her to isolation and self-destruction, since she doesn't know that she suffers from borderline personality disorder.

Commentary (21.30-22.00): Sp. Kleisas,

Psychologist

I Used To Live Here

[2014, Fr. Berry]

THURSDAY 06.10.2016, 19.30-21.00

PSYCHOPATHOLOGY

13-year-old Amy Keane is trying to handle her grief for her mother's death and deal with new family condition, facing though intense suicidal tendencies.

Commentary (21.00-21.30): Frank Berry,

Director

Whatever is left (Was bleibt)

[2012, H. - Chr. Schmid]

FRIDAY 07.10.2016, 19.30-21.30

CINEMA AND UNCONSCIOUS

Marko visits his parents in the hope of spending together a peaceful weekend with them, when his mentally unstable mother starts confessions which ignite great tension within the family.

Σχολιασμός (21.30-22.00): M. Petrou,

Psychoanalyst

Listen to a movie

SATURDAY 08.10.2016, 19.30-21.30

Experimental sound: Giorgos Katsanos, Haris Morikis – Black and White Image: Decasia [2002, B. Morisson]

The soundscapes of improvisational experimental sound create another dimension to the recruitment of cinematic experience.

Commentary: A. Aggelidi, *Associate Professor in Film Direction at the faculty of Film Studies of the Aristotle University of Thessaloniki*

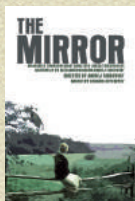
Variations on the Same Theme

(Idees Fixes / Dies Irae)

[1977, A. Aggelidi]

ΣΑΒΒΑΤΟ 08.10.2016, 22.00-00.00

The subject of the film is the representations of the female body in the history of modern art: gender as construction and not as destiny.



The mirror

[1974, A. Tarkovsky]

SUNDAY 09.10.2016, 19.30-21.30

FILMMAKERS

The memories of a 40-years-old man of his childhood, his parents and his ex-wife with his son create an interesting mosaic.

Commentary (21.30-22.00): B. Kalampakas, *Director*

A gun in each hand

(Una pistola en cada mano)

[2012, C. Gay]

SUNDAY 09.10.2016, 22.00-00.00

FILMMAKERS

An X-ray of the erotic life of eight modern men who try to satisfy desires and silence fears.

The untouched (Die Unberührbare)

[2000, O. Roehler]

MONDAY 10.10.2016, 19.30-21.30

PSYCHOPATHOLOGY

The famous writer Flanders faces the political changes brought about by the fall of the wall that trigger a personal crisis difficult to handle.

Σχολιασμός (21.30-22.00): D. Papadopoulou, *Psychoanalyst*

Ψ (Psy)

[2015, K. Legaki]

TUESDAY 11.10.2016, 19.30-21.30

REINTEGRATION AND STIGMA

Mental health service users' confessions that describe their specific world being in a reintegration and a realization of their dreams process.

Σχολιασμός (21.30-22.00): K. Legaki, *Director*

Silent

[2015, G. Gkikapeppas]

WEDNESDAY 12.10.2016, 19.30-21.30

PSYCHOPATHOLOGY

When Dido suffers from mutism and lives isolated in her deserted family house, her family is trying to fill the gap and to handle the embarrassment of silence of the youngest daughter, with revealing confessions.

Commentary (21.30-22.00): G. Gkikapeppas, *Director*, M. Petrou, *Psychoanalyst*

CineQuium Workshop

THURSDAY 13.10.2016, 19.30-21.30

CINEQUIUM

In CineQuium experiential workshop, pleasure will be approached through aesthetic and psychoanalytic perspective and experiments will be carried out on trial identifications.

Coordinator: L. Tsiavou, *Theoretical Scientist of Psychoanalytic approach of literature and film*

Snow White (Blancanieves)

[2012, Berger]

FRIDAY 14.10.2016, 19.30-21.30

FILMMAKERS

[Silent film with inscriptions in Spanish and subtitles in Greek]

The Gothic version of the fairytale takes place in Spain in 1920 with Carmen who, trying to escape her past, begins a journey with the dwarf bullfighters.

Commentary (21.30-22.00): G. Skopeteas, *Assistant Professor of Screen writing and Direction in Digital Audiovisual Arts at the Faculty of Cultural Technology and Communication, University of the Aegean*



nefele festival program

art
exhibitions

01-16.10

12.00-22.00

Solo Exhibition
by Chronis
Botsoglou

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12.00-22.00

Unconscious
Playground

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12.00-22.00

iMADges
Photo
Exhibition

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02-16.10

12.00-22.00

Visual
Activism
for Mental
Health

7

12.00-22.00

Artist
Residencies
in Mental Health
Units

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Athens School
of Fine Arts



Bouziani
Museum



Public
Area



Information
page

SATURDAY 01

18.00-19.00



DOCUMENTARY VIEW
A tribute
to the painter
G. Bouzianis

23

20.00



Opening
of the festival
at the Bouziani
Museum

20

SUNDAY 02

12.30-14.30



WORKSHOP
Aegean
Fairy tales

28

20.00



Opening of
the festival at A.S.F.A.
CONCERT
Belleville
Johnie Thin Trio

20

MONDAY 03

18.00-21.00



WORKSHOP
Exploring artistic
language
in its husk

23

19.30-21.30



FILM SCREENING
The man
who annoyed
the universe

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TUESDAY 04

18.00-20.00



WORKSHOP
ARTISTIC EVENT
Lelos the Brush
and the
Invisible Stain

23

19.30-21.30



Cinematherapy
Workshop

12

WEDNESDAY 05

12:00-14:00



MOTUS TERRAE
You always
hurt the one
you love -
An encounter

16

18.00-19.00



P.E.P.S.A.E.E.
Time Zero

18.00-21.00



ΕΡΓΑΣΤΗΡΙΟ
The necessity
of the 'other'

23

19.30-21.30



FILM SCREENING
The wound
(La herida)

12

20.00-21.00



PANELS
Psychoanalytical
approach
to literature

19

THURSDAY 06

18.00-19.00



TALK
The contribution
of theater as an
intermediary...

24

19.00-21.00



WORKSHOP
Life is
a creative
process

24

19.30-21.00



FILM SCREENING
I Used To Live
Here

12

21.30



CONCERT
Tony Wright
PARTICIPATION OF THE
PARTNER FIRST FORT-
NIGHT / IRELAND

21

FRIDAY 07

19.00-21.00



WORKSHOP
Draw
your name

24

19.30-21.30



FILM SCREENING
Whatever
is left

12

12:00-14:00



Frailty's Tunes
PARTICIPATION OF
EURONET PARTNER
/ ITALY

16

SATURDAY 08

12.30-14.00



WORKSHOP
Learning
about
Surrealism

28

18.00-19.00



TALK
The Soul
within
the Body

25

19.00-20.00



VIEW OF A SHORT
DOCUMENTARY AND
DISCUSSION
All ψ

25

19.30-21.30



Listen
to a movie

12

12:00-14:00



Frailty's Tunes
PARTICIPATION OF
EURONET PARTNER
/ ITALY

16

20.00-21.00



TALK
How material
and non material
offer frame
for the soul

25

22.00-00.00



FILM SCREENING
Variations on the
Same Theme
(Idees Fixes / Dies Irae)

12

- Art Exhibition
- Cinema
- Performance
- Literature
- Music
- Forum
- Kids' Corner

OPENING
01.10
8 pm

OPENING
02.10
8 pm

01-16.10.2016



SUNDAY 09

12.30-14.00 
WORKSHOP
I express myself
through
Theater 



18.00-20.00 
WORKSHOP
The Soul
within
the Body 

12.00-14.00 
PLEFSIS TEAM
"Invisible
Cities" 

19.30-21.30 
FILM SCREENING
The mirror 



22.00-00.00 
FILM SCREENING
A gun
in each hand
(Una pistola
en cada mano) 

MONDAY 10

18.00 
«AMYMONE»
Social Music
Therapy event 



18.00-20.00 
WORKSHOP
Bridges –
Crossing Overs 

19.30-21.30 
FILM SCREENING
The untouched
(Die Unberührbare) 

20.00-21.00 
TALK
Art and Psycho-
pathology 

TUESDAY 11



12.00-14.00 
MOTUS TERRAE
You always
hurt the one
you love -
An encounter 

18.00-19.00 
Essays
of Mental Health
Services
Recipients 

18.00-18.30 
TALK
The denaturation
and symbolism
in art... 

18.30-19.00 
TALK
The therapeutic
role of the
mental health
center "Iokasti" 

19.00-20.00 
TALK
Conversing
with
Van Gogh... 



19.30-21.30 
FILM SCREENING
Ψ (Psy) 

20.00-21.00 
TALK
Art
Emergency 

WEDNESDAY 12

18.00-20.00 
WORKSHOP
Labyrinth -
Initiation in the
Mysteries of
Life and Death 



19.30-21.30 
FILM SCREENING
Silent 

20.00 
Presentation of
Psychopathology
Texts with
guest author 



20.00-20.30 
WORKSHOP
The use of
mosaic designs
as an expression
mean 

20.40-21.00 
WORKSHOP
Let's explore
ourselves!
The
unexplored id! 

THURSDAY 13

18.00 
E.K.P.S.&P.S.Y.
"The warriors
of light" 

18.00-20.00 
WORKSHOP
Where/What
is Home 

19.30-21.30 
CineQuim
Workshop 

20.00 
CONCERT
Trio Fritz:
A Journey
of senses
and memories 

FRIDAY 14

19.30-21.30 
FILM SCREENING
Snow White
(Blancanieves) 

18.00-20.00 
WORKSHOP
Genogram 

20.00-21.00 
WORKSHOP
[A.S.O.K./Lithuania]
Playing music
with colors 

SATURDAY 15

12.30-14.00 
WORKSHOP
The Unexpected
in Art 

20.00 
PLEFSIS TEAM
"I do not fit
the place /
Medea" 



13.00-22.00 
MOTUS TERRAE
PARTICIPATION EVENT
The nefele balloon
Up with Arts 

20.00-21.00 
WORKSHOP
Traveling
in the sky 

20.00-21.00 
WORKSHOP
[A.S.O.K./Lithuania]
Playing music
with colors 

SUNDAY 16

12.30-14.00 
WORKSHOP
Learning about
Bouzianis
Learning about
Art 

13.00-22.00 
PARTICIPATION EVENT
– CLOSING CEREMONY
The nefele balloon
Up with Arts 





performances

16

WEDNESDAY 05.10. & TUESDAY 11.10.2016

PERFORMANCE IN PUBLIC PLACES

between 12:00-14:00 (duration 30min aprox.)

TH. KOLOKOTRONI SQUARE - DAFNI

MOTUS TERRAE - Center for Arts in Public Spaces

You always hurt the one you love - An encounter

A couple meets. By surpassing social conventions the two figures, without reservations, are led to an overly violent conflict. At the moment of climax the suitable condition is created to redefine our relationship with "the other". Public space, the predominant meeting and contact point of people, functions as a setting of the performance and is turned into a space of symbolic conflict and convergence.

The performance, specially adapted for the Ne-fele festival, revolves around the axis of human psychosynthesis. Through physical action, intense sound intervention and the choice of texts referring to the mental routes that the human of modern cities has to take in his daily life, we investigate together with the viewers-receivers the relation of mental health of the individual in correlation to the society as a whole....

Cast and Crew: *Original Idea:* Spyros Andreopoulos, *Directors:* Spyros Andreopoulos, Tatiana-Anna Pitta. *Assistant Directors:* Katerina Makri, Nikitas Anastopoulos, *Kinesiology:* Spyros Andreopoulos, Tatiana-Anna Pitta, *with the valuable contribution of* Xenia Themeli, *Performers:* Tatiana-Anna Pitta, Savvas Sotiropoulos, Nikitas Anastopoulos.



FRIDAY 07 & SATURDAY 08.10.2016, 20:00

CIRCUS PERFORMANCES IN PUBLIC SPACE

between 12:00-14:00 (duration 20min aprox.)

4 performances per day

TH. KOLOKOTRONI SQUARE - DAFNI

WITH THE PARTICIPATION OF EURONET PARTNER / ITALY

Frailty's Tunes

"We are made of the material of dreams..." This material is fragility...

To the beat of "Timeless", a musician, a clown and an aerial dancer lead us to the world of dreams and human weakness... Elusive words, fleeting, ephemeral, but still able to give us this eternal beauty, which remains indelible in our heart and mind and connects us to Life like an invisible thread...

Cast: Raffaele Messina (Clown Sonetto), Andrea Di Lascio, Livia Cordasco.



SUNDAY 09.10.2016, 19:00

OPEN- AIR AEROBATIC SPECTACLE
 between 12:00-14:00 (duration 60min aprox.)

TH. KOLOKOTRONI SQUARE - DAFNI

PLEFSIS TEAM

“Invisible Cities”

Open- air acrobatic spectacle

A fantasy trip in the city centre...

Within the framework of spectacles suitable for all ages, Pleafsis presents the acrobatic spectacle called “INVISIBLE CITIES”, a performance inspired by Italo Calvino’s book of the same name.

The scenic space consists of a special construction, where 6 very high poles are placed, on top of which the performers search for, discover, create moments out of the life of imaginary cities, while focusing on the human presence in them. Modern cities in which the poles transform into small apartments, water towns in which the water flows from pole to pole through special constructions, humorously covering vital needs, mechanical cities in which the poles are connected by special constructions creating a futuristic environment, cities emerging out of another.

A spectacle which narrates, points out and humorously comments on modern cities aiming at highlighting their deeply human side.

Cast and Crew: *Original Idea- Directing:* Antonis Koutroumbis, *Costumes:* Maria Kataropoulou, *Musical composition:* Minas Emmanouil, *Tour lighting:* Eliza Alexandropoulou

Starring: Antonis Koutroumbis, Konstantinos Michail, Olga Gerogiannaki, Thenia Koutroumbi, Tzanos Mazis, Eleftheria Larda

Performances & Acts in public space

Escaping conventional theatrical frames, just like escaping the stereotypes in the field of mental health, most of the representational art events take place in open-air public places.

The extroversion of these actions underlines socialization as a definitive intervention parameter, whether as individual behavior or as a means to raise public awareness to the fight against the stigma that accompanies mental disorder.

Contact of the public to the festival’s representative art events takes place in daily life conditions, random and active participation, referring to fundamental values of contemporary therapeutic beliefs regarding Mental Health.



17

THURSDAY 13.10.2016, 18:00

A.K.S.F. THEATRE

E.K.PS.&PS.Y.

“The warriors of light”

Theatrical event

As the time of the dark was over, the divine child on the golden throne gave its blessing to the birth of warriors of light, carrying in their quiver the divine light of good and pure, made of love, sympathy and hope. In the vastness of sea and sky a bright sun rose, shedding light to the imprint, the crossing from the mountaintop to the shining city.

Then they made the circle of mysteries slowly but steadily, a point of preparation, for the entrance to something new.

Cast and Crew: *Coordination- Directing:* Aggeliki Foteinou, *Drama therapist, Occupational Therapist, Social Worker–Creative team of employees and users of mental health services, students and volunteers of the Psycho-social Structure Rehabilitation Units of Attica of the Organization for Social Psychiatry & Mental Health (E.K.PS.&PS.Y.)*



performances

SATURDAY 15.10.2016, 20:00

A.S.F.A. AREA

PLEFSIS TEAM

"I do not fit the place / Medea"

A dance theater performance inspired by the characters and situations of Euripidean Medea. A spectacle where physical theater, modern dance, mime and the theatre of objects create dynamic visual landscapes that are constantly connected through the transformation of the stage area and original music by composer Minas Emmanouil.

The three main characters of the drama, Medea, Jason and Glauce, are placed on an elongated movable platform. A placement that is scenic and at the same time allegorical, captures the vital area of the three characters and maps the journey of their negotiations.

A performance highly acrobatic and reckless, where the constant overturn and transformation of the stage area, sets the tone of a visual arts theater.

Cast and crew: *Concept - Direction - Sets:* Antonis Koutroumpis, *Interpretation - Choreography:* Olga Gerogiannaki, Antonis Koutroumpis, Natassa Zafiropoulou, *Musical composition:* Minas Emmanuil, *Lighting:* Christina Thanasoula, *Lighting engineer:* Eliza Alexandropoulou, *Costumes:* Olga Gerogianaki, *Graphic animation:* Akrivi Anagnostaki, *Sets construction:* Dimitris Maroulis



SATURDAY 15 & SUNDAY 16.10.2016, 20:00

OPEN-AIR PARTICIPATION EVENT

from 13:00 to 22:00

TH. KOLOKOTRONI SQUARE - DAFNI

PARTICIPATION EVENT - CLOSING CEREMONY

MOTUS TERRAE - Center for Arts in Public Spaces

The nefele balloon - Up with Arts

The festival comes to an end with its first year activities with a lasting participation event. For two days the Motus Terrae team- Centre for the Arts in the Public space will be organizing an open workshop where, together with the young and old festival friends, we will create a hot- air balloon, the nefele symbol.

At the ending ceremony, in an impressive atmosphere, we will say goodbye to the hot- air balloon leaving on the trip of nefele festival towards the future and Europe, until the next meeting...



Literature is a major area of **artistic expression** of psychological processes. For this very reason it has become the subject of **scientific research** of aesthetic delight that activates processes of self-knowledge, creativity and interpretation. On these two axes revolves the literary part: The main highlights are **texts** of mental health services users which will be interactively presented. Invited **authors** will refer to their texts that refer to psycho-pathological cases. A **debate** will be held in the panel among theorists of the psychoanalytic approach of literature, who will expound the issue methodologically, using examples from the international literary production.

Literature

19

WEDNESDAY 05.10.2016, 20.00-21.00

A.S.F.A., AMPHITHEATER

PANELS

Psychoanalytical approach to literature: Methodology and case studies

Speakers:

Katerina Karakasi, *Assistant Professor of German Language Department, UOA*, Haris Morikis, *Psychoanalyst, PhD in Psychology*, Lilian Tsiavou, *PhD in German Literature - specialization in Psychoanalytical approach of Literature*

TUESDAY 11.10.2016, 18.00-19.00

A.S.F.A., CINEMA THEATER

Essays of Mental Health Services Recipients

Coordinator: Spyros Kleisas, *Psychiatrist*

WEDNESDAY 12.10.2016, 20:00

A.S.F.A., AMPHITHEATER

Presentation of Psychopathology Texts with guest author

music

Musical expression, mental health and entertainment

20

Let us use the unique possibilities that the Greek language offers for the comprehension of reality to highlight the function of the music as **entertainment**.

Pause, counterpoint, fugue, harmony: they all terms of the musical creation and expression – but curiously enough they either possess indirectly a psychological content or they refer directly to therapeutical transubstantiations.



nefe festival

Following this path, 1st European Art Festival for Mental Health hosts musical events that basically prefer this indirect relation. The timbres of jazz and other relevant rhythms will dominate in the events of this year. Nevertheless, a number of thematically diverse participations complete the range of the musical events of this Festival giving a gentle hint about what is going to come in the following happenings. Yet music is present in several sections of this Festival: the Lithuanian participants on the Forum make use of colors in behalf of the music education, helping people without conventional skills, while, during the "Listen to a movie" project of the Cinema section, music comes to enhance/ modify/ comment on the conventional rendering of speech and the filmmaking itself.

SATURDAY 01.10.2016, 20:00

BOUZIANI MUSEUM

Opening at the Bouziani Museum

Screening of documentary series "Parascenium" dedicated to the spiritual host of the festival G. Bouzianis, courtesy of the Archive of ERT.

A musical band will discreetly accompany the presence of the public, from the patio of the cultural complex.

Musicians: Nick Papavranousis, *drums*, Grigoris Danis, *guitar*, Konstantinos Manos, *contrabass*.

SUNDAY 02.10.2016, 20:00

A.S.F.A. PREMISES

CONCERT

Belleville - Johnie Thin Trio

Belleville: The dark atmosphere of the cabarets between the two World Wars period, the gloomy and nostalgic mood, the subtle touches of humor, accompany aesthetically their musical journey. Their musical influences start from jazz and blues, between World Warsswing, theater music. Belleville begin their journey approaching favorite artists remixes with their own unique way and sound, believing that according to the current music reality, nothing can be more contemporary than retro...

Musicians: Dora Tsigas, *voice*, Eirini Anastasiou, *cello*, Yiannis Kafetzopoulos, *piano*, Petros Lampridis, *contrabass*, Sotiris Pepelas, *trumpet*, Theodoros Christodoulou, *drums*.

Johnie Thin Trio: Not being a 'typical' blues band, JohnieThinTrio mainly explores the musical tradition of the American South which became the foothold and the letting go of the oppressed in the US. Looking towards the present and the savagery that surrounds it, the band is looking for the means of expression of that music in its minimum components, aiming at approaching «old» sounds in a modern way.

Musicians: Johnie Thin (Yiannis Maniatis), *guitar - harmonica - singing*, Petros Lampridis, *contrabass*, Nikos Papavranousis, *drums*.



THURSDAY 06.10.2016, 21:30

ASFA THEATER



FIRST FORTNIGHT

CONCERT

PARTICIPATION OF THE PARTNER FIRST FORTNIGHT / IRELAND

Tony Wright Concert

Verse Chorus Verse" is Tony Wright's nickname, ex and founding member of the extra- ordinaire band called «And So I Watch You From Afar». His solo concerts all over Britain, Ireland and Europe have left the audience impressed and emerged in the authenticity and the honesty of his lyrics and his music. His first album was nominated for the NiMusic award. His music, which is often compared to that of Neil Young and Tom Waits, makes this event something that you would definitely like to attend during the festival!

MONDAY 10.10.2016, 18:00

A.S.F.A. THEATER

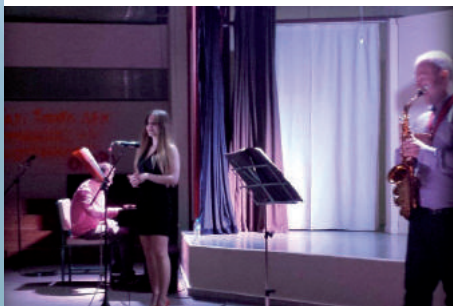
SOCIAL MUSIC THERAPY EVENT OF «AMYMONE» ASSOCIATION Screening of the award-winning documentary «When the song begins» and concert by the music band «Oneiremata»

Singing by three trainees of the «Amynone» Panhellenic Parents' Association of Persons with Vision Impairment and Additional Disabilities

Singing: Maria Pothou, Marialena Theofanidi, Kallio Martyridou

Musicians: Pelina Evangelou, *piano, song teaching, music band creation*, Constantina Ventouri - Roussou, *flute*, Ria Anastasiou, *violin*, Phoebe Bozas, *saxophone, percussion*.

Sound engineer: Panagiotis Megas
Event Coordinator: Pelina Evangelou, *music therapist*.



THURSDAY 13.10.2016, 20:00

ASFA THEATER

CONCERT

Trio Fritz: A Journey of senses and memories

The music is a personal experience which every person lives in a unique and different way. Its power is enormous since it influences in a catalytic way the senses and our psychological mood, it relaxes us, it inspires us, it carries us away, it cures us. From NatKingCole to Piazzolla TrioFritz will take you through four decades of Jazz, Musical and Cinematic Music.

Musicians: Kosmas Lapatas, *piano*, Dimitris Kaglis, *saxophone*, Maria Fritzela, *singing*.

The **nefele project** responded to any interest expressed by Greek organizations which develop activities in the field of mental health including Arts in their therapeutic program with utmost joy, in order to develop various forms of cooperation and maximum active involvement. The interest which was shown is definitely a special prize for the festival and a recognition of its importance to a wider national and European mainstream.

As a result, 10 organizations will implement workshops, present good practices and give lectures aiming to highlight the hard work carried out under adverse conditions, to contribute to the evolution of research in the field of mental health and to raise the awareness of the public as well as of the state and respective agencies. Although it's not included in the festival program, an integral part of this process is the presence of European institutional Representatives in the respective part of the Conference of the Project which will be held on January 2017 in Athens.

forum

ΟΜΙΛΙΕΣ, ΠΑΡΟΥΣΙΑΣΕΙΣ & ΕΡΓΑΣΤΗΡΙΑ

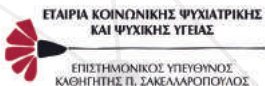
PARTICIPATING:



Α.Μ.Κ.Ε. "ΔΙΟΔΟΣ"



Κ.Σ.Δ.Ε.Ο. "ΕΔΡΑ"
ΠΡΟΓΡΑΜΜΑ "ΔΙΑΔΡΟΜΗ"



ΚΕΝΤΡΟ ΤΕΧΝΗΣ & ΨΥΧΟΘΕΡΑΠΕΙΑΣ





SATURDAY 01.10.2016, 18:00-19:00

BOUZIANI MUSEUM

DOCUMENTARY VIEW

A tribute to the painter G. Bouzianis

View of the short documentary "Backstage" (52') from the ERT Archives, a tribute to the painter George Bouzianis.

The work and life of the famous Greek painter George Bouzianis. Prominent Greek art historians and painters discuss the impact of Bouzianis to their work and perspective. Rich photographic material and screening of large numbers of shots containing details of paintings and projects of the painter.



MONDAY 03.10.2016, 18:00-21:00

A.S.F.A. PREMISES

ART THERAPY WORKSHOP

[Psychology & Art]

Exploring artistic language in its husk

Facilitators: Elena Tonikidi, *Psychologist, Art Therapist*, Niovi Stavropoulou, *Psychologist, Art Therapist*.

The husk-box-self is one of the oldest and most common tools in the art therapy, includes the use of the frame as a kind of self-portrait.

TUESDAY 04.10.2016, 18:00-20:00

A.S.F.A. PREMISES

WORKSHOP - ARTISTIC EVENT

[P.E.P.S.A.E.E.]

Lelos the Brush and the Invisible Stain

Facilitators: Nikos Pavlitas, *Director, Actor* Stelios Moiras, *Social Worker*.

"Fairytale" Team of the Specialized Day Care Center - "Social Dialogue Center" of P.E.P.S.A.E.E. will write a story with the above title and read it. While reading the Relaxation and Painting Groups along with the people who will attend the workshop, will dramatize the story aiming to create an artistic event.

WEDNESDAY 05.10.2016, 18:00-21:00

A.S.F.A. PREMISES

ART THERAPY WORKSHOP

[Psychology & Art]

The necessity of the 'other' - workshop / description of actions / roundtable of the project "art.psycho_Architecture"

Facilitators: Elena Tonikidi, *Psychologist, Art Therapist*, Giannis Mitrou, *Psychoanalyst*.

"The body-self is the starting point for all therapies through art".

- i) Educational / artistic route that focuses on healing powers of creative expression and basic rules of psychology in painting.
- ii) Record and assessment of the project 'psycho_Architecture', for the 'inner', otherness, psychoanalytic interpretation.

THURSDAY 06.10.2016, 18:00-19:00

A.S.F.A. PREMISES

TALK

[Company of Social Psychiatry and Mental Health]

The contribution of theater as an intermediary means to provide a therapeutic space approach and de-naturalization of otherness in the mirror of identity

Authors - Speakers: Aggeliki Foteinou, *Drama Therapist, Occupational Therapist, Social Worker*, Aggeliki Tsiakiri, *Social Carer, Mental Health Professional*, Olga Mouzakitou, *Social Carer, Mental Health Professional*, Kiki Doudoulakaki, *Special Educator*, Spyros Papagiannopoulos, *Psychologist, Nurse*.

During the systematic use of drama therapy results were encouraging and reinforcing the entire offered therapeutic work in mental health service recipients. The paratheatrical model is a form of therapeutic intervention, "a journey to create a representative work of art" where individuals and teams can explore, experiment, create, communicate, and integrate remarkable changes for oneself, others and the world surrounding them.

THURSDAY 06.10.2016, 19:00-21:00

A.S.F.A. PREMISES

WORKSHOP - ARTISTIC EVENT

[P.E.P.S.A.E.E.]

Life is a creative process

Facilitators: Sotiris Kontokostas, *Beneficiary of the services of the organization*, Nikos Pavlitis, *Director, Actor*, Στέλιος Μοίρας: *Κοινωνικός Λειτουργός*.

The installation of Sotiris Kontokostas, beneficiary of E.K.I. - "K.K.D.", illustrates the climbing process of life with very simple materials, foil, tape and thread. It creates a fantastic climbing world and invites the public to participate in the process of recovery through the construction of tiny people from foil, who will receive the personal mark of each participant. At the end of the workshop the existing project will be enriched with the creations of the team and will remain in place as an exhibit.

forum

FRIDAY 07.10.2016, 19:00-21:00

A.S.F.A. PREMISES

EXPERIENTIAL WORKSHOP

[Center of Art & Psychotherapy]

Draw your name

Facilitator: Afroditi Pantagoutsou, *Art Therapist*.

The relationship of the individual with his/her name is a key element of his/her identity and a dominant issue in health/mental illness. Through the art processing of his/her name the person can observe and recognize personal values and connect it with the history of his/her existence.

IRISH DAY

06.10.2016

A.S.F.A. Premises



In the Irish Day visitors will have a complete "taste" of the rich Irish presence in **nefele festival**, as coordinated by the Irish partner First Fortnight, which organizes the well known festival in their country.

PROGRAMME:**18.30-19.30 - "Facing"**

Artist project by Sinead Mc Donald, at the exhibition "Visual Activism for Mental Health".

19.35-21.00 - "I used to live here"

Film of Frank Berry and discussion with the director.

21.30-22.00 - Tony Wright's concert

The evening closes with a party.



FIRST FORTNIGHT

SATURDAY 08.10.2016, 18:00-19:00

BOUZIANI MUSEUM

TALK

[Company of Social Psychiatry and Mental Health]

The Soul within the Body

Speaker: Anda Paizi, *Dance Therapist.*

The body and the bodily movements as point of departure for the achievement of a balance among the bodily, mental, emotional and social dimension of an individual's personality in dance-movement therapy.

SATURDAY 08.10.2016, 19:00-20:00

BOUZIANI MUSEUM

VIEW OF A SHORT DOCUMENTARY AND DISCUSSION

[A.M.K.E. DIODOS]

All ψ

Coordinator: Konstantinos Vergos, *legal representative of A.M.K.E. DIODOS.*

A documentary which aims to provide real information about psychosis through real life stories from people who are mentally ill.

A discussion will follow coordinated by the legal representative of AMKE DIODOS, Mr. Konstantinos Vergos.

SATURDAY 08.10.2016, 20:00-21:00

BOUZIANI MUSEUM

TALK

[Center of Art & Psychotherapy]

How material and non material offer frame for the soul

Speaker: Alexandra Katsika, *Psychotherapist of children and adolescent, Art Therapist.*

Human expression. There are Words and there is Art. Art materials are sensory and offer form to the unexpressed side of the creator. Art Psychotherapy offers the safe environment which holds conflicts, dead ends, unspeakable experiences that seek a way to the outer world. Communication is the first step towards healing.

SUNDAY 09.10.2016, 18:00-20:00

A.S.F.A. PREMISES

DRAMA THERAPY WORKSHOP

[Company of Social Psychiatry and Mental Health]

The Soul within the Body

Facilitator: Anda Paizi, *Dance Therapist.*

In the dance - movement therapy workshop, we will get in touch with body awareness techniques and we will explore its kinetic expression as individuals, couples and groups.

SPANISH DAY
09.10.2016 | 20.00
Bouziani Museum



The exhibition of selected and awarded photos of the **International Photography Contest for Mental Health**, that was organized by the Spanish partner **Fundación INTRAS**, as contribution to **nefele festival**, has enabled the organization of the Spanish Day of the Festival.

The day honors the presence of the Spanish group of mental health service users who participated in the contest and other organizations, such as the **Cervantes Institute of Athens** that supports the Cinema section of the Festival. The evening ends with a party.

FUNDACIÓN
intras

MONDAY 10.10.2016, 18:00-20:00

A.S.F.A. PREMISES

EXPERIENTIAL - ART THERAPY WORKSHOP

[Company of Social Psychiatry and Mental Health]

Bridges – Crossing Overs

Facilitator: Despina Papaioannou, *Art Therapist.*

In everyday life we are asked to pass from one developmental stage to another. The bridges and crossing overs can lead us with safety. How do we create them? When are we ready to cross over? What are we going to take with us and what will we leave behind?

MONDAY 10.10.2016, 20:00-21:00

A.S.F.A. PREMISES

TALK

[Company of Study of Cultural Diversity]

Art and Psychopathology

Speaker: Fotis Kagelaris, *Dr. of Psychopathology, President of the Company of Study of Cultural Diversity.*

From the same origin but with different expressions Art and Psychopathology constitute the argument of the Market for a profit without control. But, also, they constitute the last free part of our soul. At the same time, the hybrid art-madness as «Art Brut» is the teacher of Contemporary Art after the impasse that followed «Les demoiselles d'Avignon».

TUESDAY 11.10.2016, 18:00-18:30

BOUZIANI MUSEUM

TALK

[A.M.K.E. ALTHAIA]

The denaturation and symbolism in art. A Psychoanalytic approach

Speakers: Elena Argiriadi, *Psychologist,* Panagiotis Moudouris, *Social Worker.*

The common ground between art and psychoanalysis is that both interpret the imaginary world. The role of imagination in art is evident. One of the basic tools of psychoanalytic theory and technique was so free allusion and the night fantasies, the dreams.

TUESDAY 11.10.2016, 18:30-19:00

BOUZIANI MUSEUM

TALK

[A.M.K.E. ALTHAIA]

The therapeutic role of the mental health center "Iokasti"

Speaker: Maria Sofologi, *Psychologist.*

Representation of the therapeutical activities that are implemented in community mental health center "Iokasti", in Thessaloniki.

TUESDAY 11.10.2016, 19:00- 20:00

BOUZIANI MUSEUM

TALK

[Company of Social Psychiatry and Mental Health]

Conversing with Van Gogh : The artist's Room, my Room. Group Art Therapy with individuals with psychiatric therapy experience

Speaker: Despina Papaioannou, *Art Therapist.*

Van Gogh's painting: «The Artist's Room» will trigger discussion, cooperation, creation, reflection and association with the personal life of the members / individuals with psychiatric therapy experience who participate in the art therapy group.

TUESDAY 11.10.2016, 20:00-21:00

BOUZIANI MUSEUM

TALK

[Amaka Organization]

Art Emergency

Speakers: Dafni Kalafati, *Photo Therapist,* Niovi Stavropoulou, *Psychologist, Art Therapist.*

Audio-visual presentation of the design of this multi-disciplinary art therapy program, the target group of which is young /adolescent refugees We follow the journey of the refugees not only from their homeland to ours but also through the fascinating world of photography and visual image.

WEDNESDAY 12.10.2016, 18:00- 20:00

A.S.F.A. PREMISES

DRAMA THERAPY WORKSHOP

[Company of Social Psychiatry & Mental Health]

Labyrinth - Initiation in the Mysteries of Life and Death

Facilitators: Aggeliki Foteinou, *Drama Therapist, Occupational Therapist, Social Worker,* Aggeliki Tsiaxiri, *Social Carer, Mental Health Professional.*

Among the coils of the Labyrinth, the thread of Ariadne, point of the eros of life, leads step by step the soul of Theseus in downhill and experience of the living substance, which has a thousand forms.

WEDNESDAY 12.10.2016, 20:00-20:30

A.S.F.A. PREMISES

ART THERAPY WORKSHOP

[A.M.K.E. «ALTHAIA»]

The use of mosaic designs as an expression mean

Facilitators: John Karageorgas, *Occupational Therapist*, Sofia Chatziioannou, *Coordinator of Sheltered Apartments*, Maria Pispas, *Carer*, Rena Grapsa, *Nurse*.

Aim of the present workshop is to create a sincerely first contact with the art of mosaic designs as a decisive mean of expression. We emphasize the fact that the intention of this workshop is to get in touch with the design and creation of a mosaic. Furthermore, main purpose of the workshop is to become familiar with the creation of concepts such as symmetry, sense of harmony, in order to strengthen critical and spiritual thinking.

WEDNESDAY 12.10.2016, 20:40-21:00

A.S.F.A. PREMISES

ART THERAPY WORKSHOP

[A.M.K.E. «ALTHAIA»]

Let's explore ourselves! The unexplored id!

Facilitators: Afroditi Kamari, *Coordinator*, Apostolia Chatzisaroglou, *Social Worker*, Maria Sofologgi, *Psychologist*, Stathis Iliopoulos, *Nurse*, Stelios Dalavitsos, *Carer*.

This interactive activity aims to boost human creativity and personal emotional expressions. Foremost, the main purpose of painting in paper is to support participants to express and expand their awareness and feelings through the symbolic expression of painting. Art-therapy is a therapeutic mean, which enhances the ability of people to express freely their selves.

THURSDAY 13.10.2016, 18:00-20:00

A.S.F.A. PREMISES

INTERACTIVE PHOTOTHERAPY WORKSHOP

[Amaka Organization]

Where/What is Home

Συντονιστές: Dafni Kalafati, *Photo Therapist*, Niovi Stavropoulou, *Psychologist*, *Art Therapist*.

Participants will try to reconstruct their memories

of their "homeland" and share significant stories with the rest of the group using visual story telling.

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FRIDAY 14.10.2016, 18:00-20:00

A.S.F.A. PREMISES

EXPERIENTIAL WORKSHOP

[Center of Art & Psychotherapy]

Genogram

Facilitator: Fotini Loukarea, *Mental Health Consultant*, *Art Therapist*.

Genogram recounts linearly everything transferred from generation to generation. In conjunction with art, it provides information on a symbolic level, facilitating the expression of inner experiences regarding oneself and relationships with one's ancestors.

FRIDAY 14.10.2016, 20:00-21:00

A.S.F.A. PREMISES

MUSIC WORKSHOP [A.S.O.K., Lithuania]

Playing music with colors

Facilitators: Ilona Budavaite, *Natalija Pugaciene*, *Simona Litviniene*.

The two facilitators of the workshop are members of the "Colour Music Orchestra", which has been formed by recipients of mental health service which are provided by the Lithuanian organisation ASOK, a partner of the NEFELE project. They will initiate the participants of the workshop in color music methodology, teaching them which note is a match for the respective color, the specificities of each musical instrument and many other innovative and interesting techniques.

**The Workshop will be repeated
on Saturday 15.10.2016, 20:00-21:00**

SATURDAY 15.10.2016, 18:00- 19:00

A.S.F.A. PREMISES

ART THERAPY WORKSHOP [K.S.D.E.O. "EDRA"]

Traveling in the sky

Facilitators: Anna Bizimi, *Social Worker*, Maria Doitsidi, *Social Worker*.

The Alternative Occupation and Therapeutic Action «DIADROMI», a structure operated by the coordinator of the N.E.F.E.L.E. project, organization K.S.D.E.O. «EDRA», and its «Arts and Crafts Workshop» will present the works of its beneficiaries who are individuals suffering from mental disorders.

Bouziani Museum Weekends

Bouziani Str. 27-31, Daphni, Athens.

Online registration at: nefelekids@gmail.com
until September 28th.

For school groups' visit, please call
(+30) 210 90 28 445.

Coordinator:

Danae Oikonomou-Kerasoglou, *Theatrologist*.
danae.eko@gmail.com

Kids' Corner

SUNDAY 09.10.2016, 12.30-14.00

FOR KIDS 13-16 YEARS OLD

INTERACTIVE WORKSHOP

I express myself through Theater

Coordinator: Danae Oikonomou-Kerasoglou, *Theatrologist*.

Discussion and presentation of the arts and in particular the art of theater, the benefits of the theater for the human soul, in various situations of his life and finally a little practical application.

SATURDAY 15.10.2016, 12.30-14.00

FOR KIDS 6-12 YEARS OLD

ART WORKSHOP

The Unexpected in Art

Coordinator: Christina Nakou, *Visual Artist*.

The workshop will give children the opportunity to improvise with various materials and techniques and discover the use of the unexpected in art.

SUNDAY 16.10.2016, 12.30-14.00

FOR KIDS 9-12 YEARS OLD

ART INTERACTIVE WORKSHOP

Learning about Bouzianis Learning about Art

Διευθύνει: Eutychia Kalochereti, *Pedagogue - Museologist*.

Through games, children are invited to get to know the painter Bouzianis and become familiar with works of art, discovering basic concepts of the visual arts.

SUNDAY 02.10.2016

FOR KIDS 6-8 YEARS OLD 12.30-13.30

FOR KIDS 8-12 YEARS OLD 13.30-14.30

ART INTERACTIVE WORKSHOP

Aegean Fairy Tales

Coordinator: Eleftheria Kanatelia, *Theatrologist*.

Inspired by Odysseus Elytis's art works and in particular his collages, we will approach through a game, using our imagination, colors and cartoons, the way he creates his unique poetic and his artistic work beyond reality

SATURDAY 08.10.2016, 12.30-14.00

FOR KIDS 6-12 YEARS OLD

INTERACTIVE WORKSHOP

Learning about Surrealism

Coordinator: Danae Oikonomou-Kerasoglou, *Theatrologist*.

Video show and interactive conversation on the great surrealist painters.



nefele festival

ORGANISING COMMITTEE

Maria Kerasoglou

President of the Board of Directors of K.S.D.E.O. "EDRA"
mkerasoglou@gmail.com

Alexander Oikonomou

Psychologist, Chief Scientific Officer of K.S.D.E.O. "EDRA"
alexoiko@yahoo.gr

Nikos Andreopoulos

NEFELE Project Manager, Head of Social Planning and Projects Development Department
nikos.echo@gmail.com

Maritina Kontaratou

Art Theorist, Art Exhibitions Section
arts.edra@gmail.com

Pantelis Sarakiniotis

Social Scientist, Forum Section
pantelis.sarakiniotis@edra-coop.gr

Dimitris Oikonomou

Communications Consultant, Press Office
d.oikonomou@edra-coop.gr

Aristea Gkoutsiou

Social Scientist, Communications/Supporters
a.goutsiou@edra-coop.gr

Lilian Tsiavou

Theorist of the psychoanalytic approach of Literature & Cinema - Literature & Cinema Section
evangelia.tsiavou@gmail.com

Helena Vagger

Psychologist, Volunteerism Section
edra.evs@gmail.com

Spyros Kleisas

Psychiatrist
spyros.kleisas@yahoo.gr

Spyros Andreopoulos

Head of the "Motus Terrae", "Greek Center for Arts in Public Spaces" - Performances & Music Section
dir@motusterrae.gr

Nikos Kanarelis

Artist, Art Exhibitions Section
nkanarel@hotmail.com

Danae Oikonomou-Kerasoglou

Theatrolgist, Kid's Corner Section
danae.eko@gmail.com

each
is
of
solution

of us
part
the

Each of us
is part of the solution
Let's end mental health stigma together



Pan-European campaign of the "Mental Health Europe" Network against stigma and discrimination
Info - participation: www.eachofus.eu



Information:

K.S.D.E.O. "EDRA" www.edra-coop.gr

tel: +30 2109028455

Email: info@edra-coop.gr



nefele festival:

www.nefeleproject.eu

THE FESTIVAL IS BEING IMPLEMENTED UNDER THE NEFELE PROJECT

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the European Programme
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